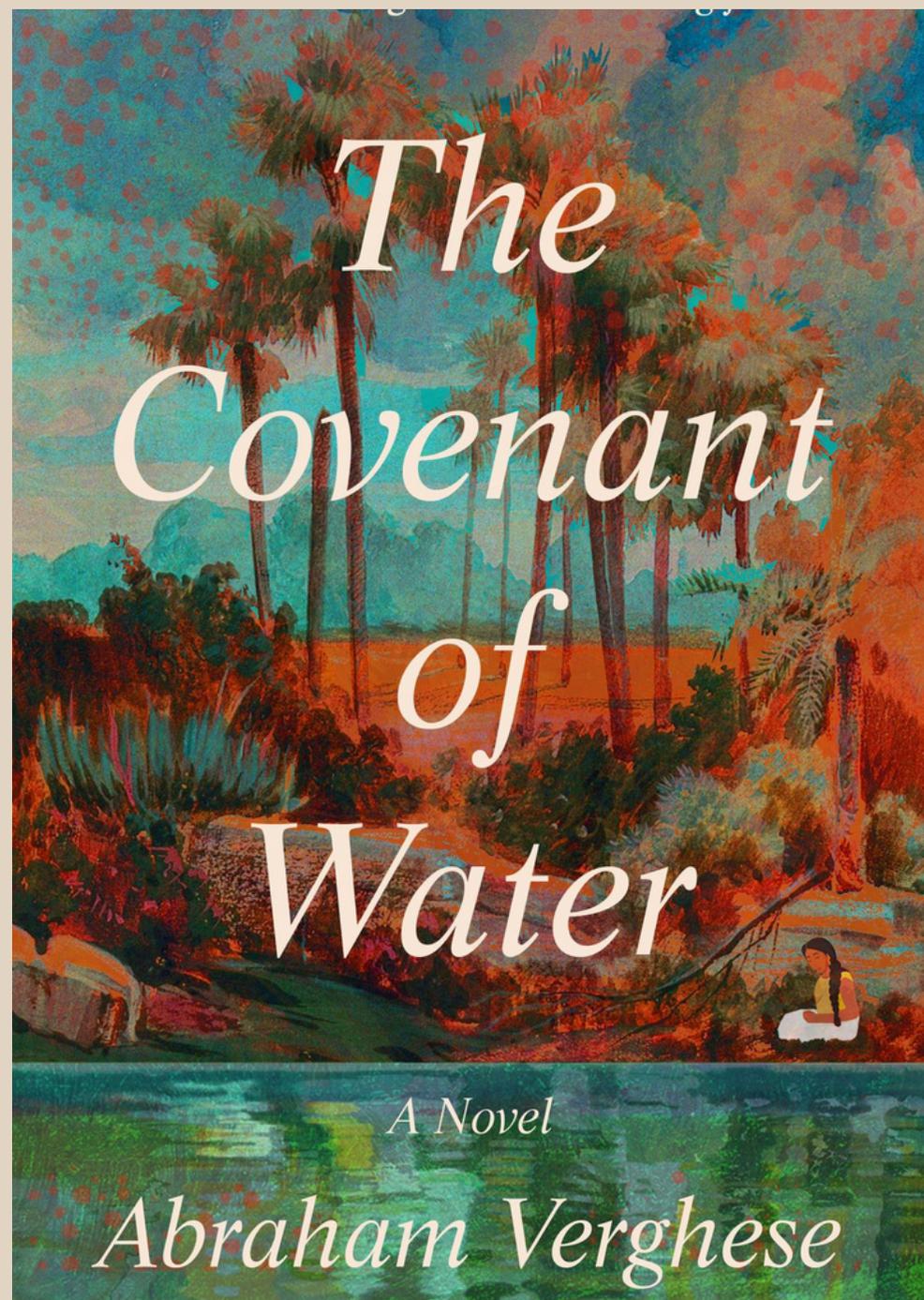


THE COVENANT OF WATER

Abraham Verghese

Spanning the years 1900 to 1977, *The Covenant of Water* follows a family in southern India that suffers a peculiar affliction: in every generation, at least one person dies by drowning - and in Kerala, water is everywhere. At the turn of the century a twelve-year-old girl, grieving the death of her father, is sent by boat to her wedding, where she will meet her forty-year-old husband for the first time. From this poignant beginning, the young girl and future matriarch - known as Big Ammachi - will witness unthinkable changes at home and at large over the span of her extraordinary life, full of the joys and trials of love and the struggles of hardship. A shimmering evocation of a lost India and of the passage of time itself, *The Covenant of Water* is a hymn to progress in medicine and to human understanding, and a humbling testament to the hardships undergone by past generations for the sake of those alive today. Imbued with humour, deep emotion and the essence of life, it is one of the most masterful literary novels published in recent years.



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ROMANTIC COMEDY

Curtis Sittenfeld

With a series of heartbreaks under her belt, Sally Milz - successful script writer for a legendary late-night TV comedy show - has long abandoned the search for love.

But when her friend and fellow writer begins to date a glamorous actress, he joins the growing club of interesting but average-looking men who get romantically involved with accomplished, beautiful women. Sally channels her annoyance into a sketch, poking fun at this 'social rule'. The reverse never happens for a woman.

Then Sally meets Noah, a pop idol with a reputation for dating models. But this isn't a romantic comedy - it's real life. Would someone like him ever date someone like her?

Skewering all our certainties about why we fall in love, ROMANTIC COMEDY is a witty and probing tale of how the heart will follow itself, no matter what anyone says. It is Curtis Sittenfeld at her most sharp, daring and compassionate best.



**CURTIS
SITTENFELD**



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YOGA FOR STIFF BIRDS

Marion Deuchars

Marion Deuchars has practiced yoga for many years and knows well the benefits it brings. Now she invites you to join her stiff bird in a selection of classic poses, stretches, and breathing exercises that are guaranteed to revive and energize.

Yoga for Stiff Birds rejects the clichés of studio photography in favor of a friendlier illustrated look. With a few strokes of her brush, Deuchars helps Bob into every position from downward-facing dog to tree—and you'll want to follow suit. With 60 poses and sequences (all carefully checked by yoga professionals) presented in a lay-flat binding, the book is both practical and inspiring. The full-color art will raise a smile, whether you're a regular practitioner or a yoga novice, and will encourage even the creakiest beginner to breathe, stretch, and bend like they never have before.

YOGA FOR STIFF BIRDS



MARION DEUCHARS



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LADY TAN'S CIRCLE OF WOMEN

Lisa See

15th century China two women are born under the same sign, the Metal Snake. But life will take the friends on very different paths.

According to Confucius, 'an educated woman is a worthless woman', but Tan Yunxian - born into an elite family, yet haunted by death, separation and loneliness - is being raised by her grandparents to be of use. She begins her training in medicine with her grandmother and, as she navigates the male world of medicine, requiring tact and diplomacy, she struggles against the confining world of her class.

From a young age, Yunxian learns about women's illnesses, many of which relate to childbearing, alongside a young midwife-in-training, Meiling. The two girls find fast friendship and a mutual purpose - despite the prohibition that a doctor should never touch blood while a midwife comes in frequent contact with it - and they vow to be forever friends, sharing in each other's joys and struggles. No mud, no lotus, they tell themselves: from adversity beauty can bloom.



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PROMISES WE MEANT TO KEEP

Monica Murphy

Spencer Donato was Sylvie Lancaster's little secret. They fell deeply in love while at Lancaster Prep - where Sylvie's parents ran the school. Their relationship was a whirlwind of passion. But Sylvie committed the ultimate betrayal. And she lost him for good.. Until one day she runs into him at a wedding. He's older and still unbearably handsome. Their undeniable connection draws them together.



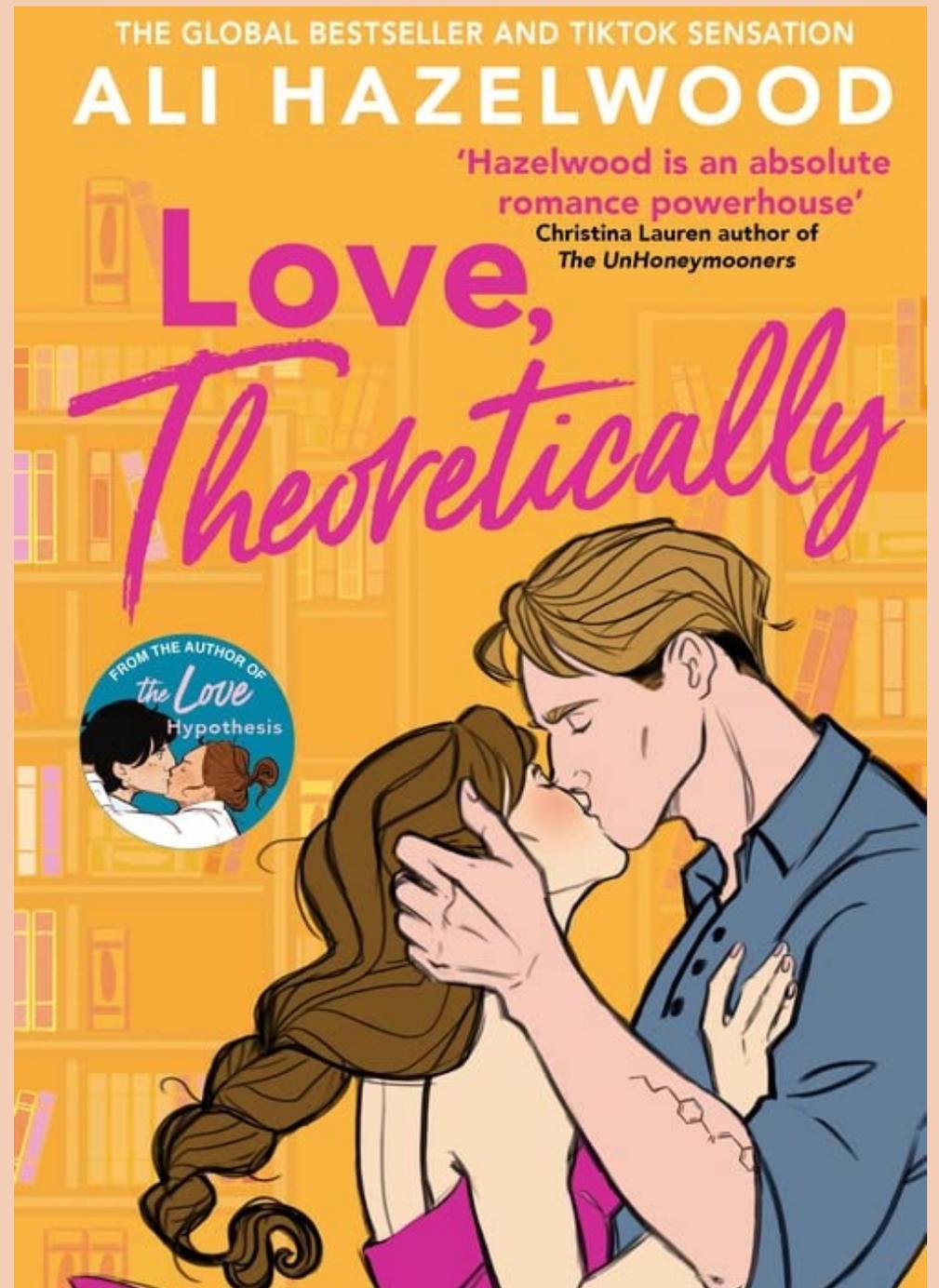
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LOVE THEORETICALLY

Ali Hazelwood

The many lives of theoretical physicist Elsie Hannaway have finally caught up with her. By day, she's an adjunct professor, toiling away at grading labs and teaching thermodynamics in the hopes of landing tenure. By other day, Elsie makes up for her non-existent paycheck by offering her services as a fake girlfriend, tapping into her expertly honed people-pleasing skills to embody whichever version of herself the client needs. Honestly, it's a pretty sweet gig - until her carefully constructed Elsie-verse comes crashing down. Because Jack Smith, the annoyingly attractive and arrogant older brother of her favourite client, turns out to be the cold-hearted experimental physicist who ruined her mentor's career and undermined the reputation of theorists everywhere. And he's the same Jack Smith who rules over the physics department at MIT, standing right between Elsie and her dream job.



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8 RULES OF LOVE

Jay Shetty

So we're often thrown into relationships with nothing but romance movies and pop culture to help us muddle through.

Until now. Instead of presenting love as an ethereal concept or a collection of cliches, Jay Shetty lays out specific, actionable steps to help you develop the skills to practice and nurture love better than ever before.

He shares insights on how to win or lose together, how to define love, and why you don't break in a break-up.

Inspired by Vedic wisdom and modern science, he tackles the entire relationship cycle, from first dates to moving in together to breaking up and starting over. And he shows us how to avoid falling for false promises and unfulfilling partners. By living Jay Shetty's eight rules, we can all love ourselves, our partner, and the world better than we ever thought possible.

#1 NYT BESTSELLING AUTHOR

8 RULES OF LOVE

JAY SHETTY

How to Find it,
Keep it, and
Let it Go



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