

Getting The Life You Want “*Finding Your Way*” *A Journey of Discovery, Reflection and Action*

The Journey

When we step away from our lives and take the time to reflect on our goals, our dreams, and our visions, we learn many lessons we may never have even thought of.

During this process we will explore the questions:

- Have you ever thought about what you will do next?
- What has gotten in the way of creating a plan and following through for your one precious life?
- Do you ever dream about a life filled with joy doing exactly what you want?
- Are you ready to take action?

We will examine what makes you happy and brings joy into your life. This process can lead you to a new first step. The first step is often the hardest. Come and experience finding your way;

Objectives:

Each participant will:

- Learn what's involved in taking the next step on your path
- Challenge and stretch your leadership capacity
- Increase your understanding of the ability and courage you can access to have the life you want
- Learn ways to feel inspired, while challenging yourself to accomplish your visions and goal

Where: USA Information Center Daugavpils, Latgale Central Library (Rigas street 22A)

When: Four **TUESDAYS** **March 25, April 1, April 8, April 15 at 17:30.** **Please note that you must sign up for all four sessions.**

Who can participate: everyone interested in this “journey” and ready to participate in all 4 sessions

Language: English

Teacher-facilitator: Marsha Greenberg

Registration: e-mail to viktoria.cirse@lcb.lv (indicate your name, surname, contact information: phone number & e-mail address)

